



 Do you want to know what your destination is, your purpose?

- Do you want to discover your talents?
- Do you want to know why the world needs you?
- Do you want to know what to say about yourself in order to explain who you are and what you know how to do really well?



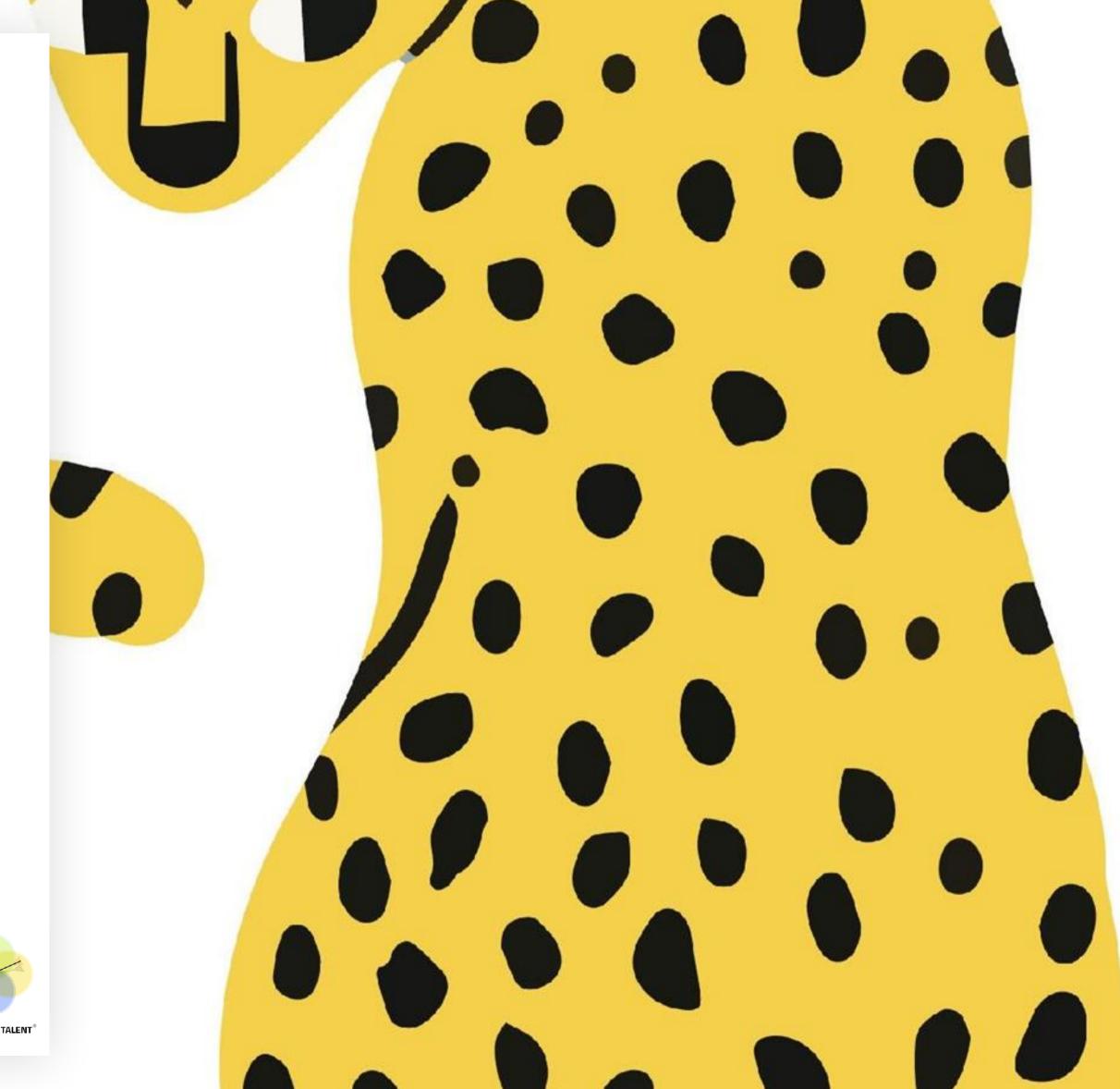


Purpose&Talent is a method which helps professionals obtain greater motivation and awareness during their professional life or during their search for work.

It helps define one's talents, and to stimulate the most consistent activities with one's own reason for being.

It develops individual potential, it offers emotional capability and knowhow for seeking new opportunities.





### **FOCUS**Work and carrier

Understanding
where you are
professionally,
based on your
talent and your real
needs.

# MEANING Meaning of work and identity

Learning to understand what to take to work, or in the search of it.

## **AWARENESS Talents and opportunities**

Developing the knowledge of one's skills and understanding where they are required.

# SPREAD Telling a unique story

Finding the best words to tell the world who you are.



#### **6 Individual Sessions**

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Of about 1h 15'

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There's **homework**;) between one session and the next

+

**Virtual Diary** 

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**Personal Profile** 





SOME OF THE TOOLS WE WILL USE

- Uniqueness is a fictional exercise to identify the aspects which distinguish each one's life.
- PitchYourJob and SwotAnalysis a few tests aimed at understanding one's own communication.
- InnerJobs is an exercise on creative mind-set, which uses memory and potential to develop a deep assessment of transversal skills.
- **DirectMyMovie** is the elaboration of one's personal growth process, which defines a path in order to obtain greater balance.
- EnvisionMyFuneral is a more classic tool of coaching. It allows to describe one's own expectations by imagining one's own funeral.
- RoadmapToPurpose is a framework which helps visualize the most significant aspects of one's personal relationship with work.







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